

Pacifica Winter All-Comers 2018

Open Track & Field Meets

Saturday, Feb 3rd

and

Saturday, Feb 17th

Pacifica High School - 600 E. Gonzales Rd, Oxnard, CA 93036

\$5 Per Athlete (*Unlimited Events) – Spectators are Free**

*****Brand New All-Weather Track*****

Order of Events:

Field Events

Shot Put

10:00am – 11:30am – Men

12:00pm – 1:30pm – Women

No High Jump

(Still Under Construction)

Long Jump

10:00am – 11:30am - (open pit)

Triple Jump

12:00pm – 1:30pm – (open pit)

Track Events

(Rolling Schedule - Female followed by Male)

10:00am Start Time

1500m

60m Hurdles

60m

600m

300m

3000m

4x800m Relay

4x200m Relay

Athletes must have a signed waiver to compete
Athletes under 18 years of age must have parent/guardian signature

Follow our Social Media for Updates



@PacificaXCTF

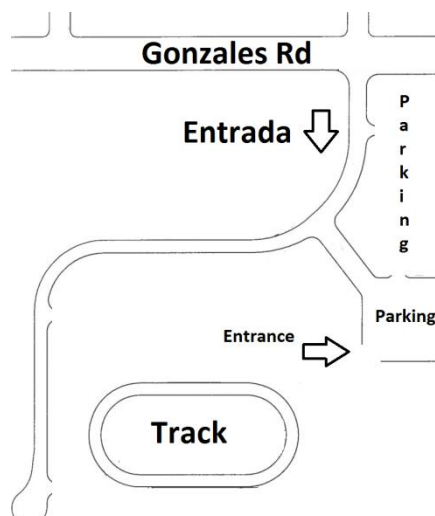


@PacificaTrack



Pacifica_tfcc

Any Questions please contact Coach Tomek Czerwinski
Call or Text (805)216-1962 or Email CoachTomek@gmail.com



Pacifica Winter All-Comers 2018

Open Track & Field Meet Waiver

Name - _____

Address - _____

City - _____ State - _____ Zip Code - _____

Email - _____ Phone - _____

School/Team - _____ Gender _____

WAIVER AND GENERAL RELEASE: I agree to comply with the rules and instructions of the Pacifica All-Comers Meets sponsored by Pacifica High School. I know that participating in this event can be a strenuous and potentially hazardous activity. I am aware and assume all risks associated with my participation in this event, including, but not limited to, falls, contact with other participants or their implements, the effects of weather, including high heat and humidity, precipitation and conditions of the surface. In consideration of your accepting my entry and permitting me to voluntarily participate in this event, I, for myself, my heirs, successors and assigns and anyone else entitled to act on my behalf, hereby forever and unconditionally waive and release Pacifica High School from any and all claims for injuries and damages I may incur as a result of my participation in this event. I further hereby represent and warrant that I am physically fit and am sufficiently trained for participation in this event. I hereby consent to receive emergency medical treatment which may be advisable in the event of illness or injury suffered by me during the event. I also give permission for the free use of my name, voice or picture in any broadcast, telecast, newspaper article, report, advertising or marketing promotion or other account of this event. My participation is subject to the discretion of the meet officials in their administration of the events taking into consideration the safety, participation and convenience of all participants, spectators and officials.

Name of Participant

Date

Signature of Participant

Date

Name of Parent/Guardian

Date

Signature of Parent/Guardian

Date